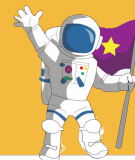


All STAR POINTS

Click [WONDER PARK ELEMENTARY](#) to view our website [WONDER PARK ELEMENTARY](#)



Hello from Principal
Christine Irwin &
Asst. Principal Michael Kage



Happy Fall, Y'all!! It was great to see you during our Open House! We love when our families come into the school to see what we're doing and to participate. Please let me know if you would like to be a member of our Foundations Team or help develop our School-wide Plan or be a part of a parent/staff group to plan Family Nights. We welcome your input and assistance!

Please take a moment to complete the attendance tracker for your child's absences. When children are absent they fall behind their peers in learning. It can be difficult to learn what was missed while also trying to add to that missing knowledge. We are striving to prepare our students for success in life with progressive reading lessons and students are most successful when they're here. If there's some way we can help, please reach out to us and let us know.

First quarter ends on October 21st. There will not be school that day. Parent/Teacher Conferences take place the following week on October 26-27th, & 28th. Please confirm a day and time to meet individually with your children's teachers to discuss their academic progress. Student will be dismissed from school at 12:30 pm on Wednesday, October 26th and Thursday, October 27th. There is no school on Friday October 28th.

Tuesday, November 8th is voting day and students will not attend school. Instead, teachers will send home a packet of work for students to complete that day and bring back on Wednesday, November 9th. These packets will go home on Monday, November 7th.



School Hours

8:30 am Front doors open for those eating breakfast only. Others line up at exterior classroom doors.

8:40 am Supervision outside begins until 8:55 am.

8:50 am Classroom doors open

9:00 am Tardy bell rings

3:30 pm dismissal grades K-5

Ms. Katy's PreK has alternate times.

Absence Hotline!

Please call 337-1569 #1. Give the child's name, reason for absence, and teachers name.



Memorize Parents' Phone Number

Important!

Every child needs to know their parents phone number by heart. Phones are in each classroom. We encourage you to make a plan for after school transportation before arrival to save time.



October

- 13 [Fall student/staff pictures](#)
- 20 Light's On 21st CCLC Family Night 3:30-5:30 pm
- 17-20 RED RIBBON WEEK-spirit
- 21 Inservice Day/No School
- 24-25 No 21st CCLC this week
- 26-27 [Parent/Teacher Conferences](#)
Students released at 12:30 pm each day
- 28 Inservice day/No School

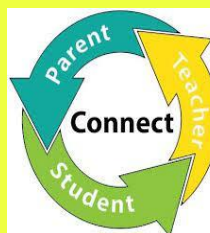
November

- 8 Asynchronous Learning Day
(No school, packets sent home-to be returned on 11/9 grades K-5th)
- 8 Election day-in person
- 11 Inservice Day/No School
- 16 Math Night 6-7:30 pm
- 24-25 Holiday/No School



No school on....

October 21 & 28th
Inservice days



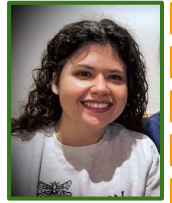
P/T Conferences

October 26-27th
*Please confirm time/date. Students released at 12:30 pm



All students photographed.

Order online or have exact change, the school does not keep cash on hand.



A main topic of conversation, especially in the upper grades during the month of September in my time in classrooms has been on empathy. Empathy is the ability to understand how others feel and is a core skill needed to build healthy connections with others. While empathy may not always be the easiest choice, it is a skill that we can help our students build! Here are a couple of ways parents and all adults can help cultivate empathy in our young people:

- 1) Help students strengthen their own emotional regulation skills- It becomes very difficult for a child to understand the feelings of someone else when they cannot handle their own emotions. They need a secure connection with caring adults who will help them name their feelings, identify triggers and work with them to create a plan to handle their feelings when they arise.
- 2) Model empathy for your children- When you see someone hurting (in person or even on TV/book), talk with them about what that person might be feeling. Even quick conversations over time can help students change their ability to understand the perspective of others.
- 3) Help kids identify what they have in common- It can be easier to learn to empathize with those with whom we feel have similarities. Teach your children to look for similarities and then to ask questions and get to know more about others. The opportunity to learn more about others with various backgrounds is a key part of cultivating empathy.

Elementary School Counselors



Anchorage School Board Members

Dave Donley, Pat Higgins,
Andy Holleman,
Carl Jacobs, Kelly Lessons,
Dora Wilson and
Margo Bellamy as president

Superintendent

Dr. Jharrett Bryantt

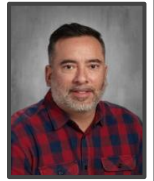
Business Partners



21ST CCLC: DANIEL BUITRAGO

~ALL STAR AFTER SCHOOL COMMUNITY LEARNING CENTER COORDINATOR

The after school program is off and running! We still have room for a few more students in selected grades but space is limited and filling up quick! Contact me if you have interest in placing your student in the 21st Century after school program. Lights On! Family Night is October 20th. This is an open house for families that are currently enrolled in program. Please come hang out with us that afternoon from 4-5:30 pm and see what we are all about! You are always welcome anytime but this is a great opportunity to see all the cool things we have going on in our after school program! - Daniel Buitrago 742-1730



Lorianne Mordini~ALL STAR Health Teacher/Reading Interventionist



In health we have been talking about having a Growth Mindset.

What is it?

We used to think that our intelligence was fixed-meaning we were either smart or we weren't. Scientist have proven again and again that simply is not true. Our brain acts like a muscle- the more we use it, the stronger (and smarter) our brain becomes.

Ways to help your child have a growth mindset:

Talk about it- Ask questions like did you make a mistake to today? What did you learn? What did you do that was difficult today?

Praise the process- Instead of saying "you're so smart!" praise the effort, goal setting, persisting through challenges or being creative. An example would be "Wow! You must have worked really hard on this!"

Encourage failure- Your child needs to know that failure can happen and its okay! Remind them that each time he/she fails and tries again, their brain is growing stronger!

Help them change their dialogue- The way your child talks to themselves makes a huge impact on their mindset. If they say, "this is too hard!" help them change that to "I can't do this yet, but I will keep trying."

The brain can grow-Remind your child that their intelligence is not fixed. Remind them that when things are difficult, their brain Grows if they persist through the challenge. Each time they learn something new, their brain is making new connections.



BETWEEN THE LINES IN THE LIBRARY:

KRISTIE BENSON~ALL STAR LIBRARIAN

HELLO FROM THE LIBRARY!

FOR THE PAST MONTH IT'S BEEN ALL THINGS HUMOR DOWN HERE. WE'VE READ AND LISTENED TO MANY STYLES OF HUMOR IN LITERATURE AND HAVE HAD A GREAT TIME LAUGHING TOGETHER. FOR THE MONTH OF OCTOBER, WE ARE SWITCHING GENRES TO SCARY STORIES. STAY TUNED TO FIND OUT WHAT PICTURE BOOK WONDER PARK DEEMS THE CREEPIEST AS WE MAKE OUR WAY THROUGH THE TOURNAMENT OF CREEPY BOOKS.

AS ALWAYS, IF YOU NEED A RECOMMENDATION FOR A GOOD BOOK, CREEPY OR OTHERWISE, PLEASE COME SEE ME IN THE LIBRARY. I'D LOVE TO HELP YOU OUT.

Nurse's Nook:

Jennifer Mabry, RN., NCSN-All Star Nurse



IMMUNIZATIONS!

Immunization requirements are established by law and must be met for a student to enter and remain in school. Each student's vaccination records are reviewed and kept on file per state law. Please give the school any new immunization records. I will let you know about any immunizations your child needs over time in order to stay in school. By **October 03, 2022**, all immunizations must be up to date or your child will not be able to attend school. Contact me if you have any questions/concerns. Thank you.

OCTOBER DEAM Calendar

Drop Everything And Move

Take care of yourself
so you are ready to
help others.

Name:	Teacher:
-------	----------

Purpose:

This calendar encourages families to become more physically active and to take steps toward a healthier lifestyle. Each day, students are asked to complete a different activity with a family member (or with adult supervision).

Directions:

After a student completes a day's activity, an adult should make a check mark and initial in the space provided. Each week, you are allowed to miss one day (activity). If this happens, put an "X" in the space provided for a check mark (do not initial).

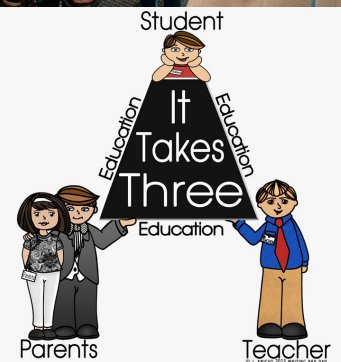
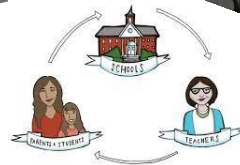
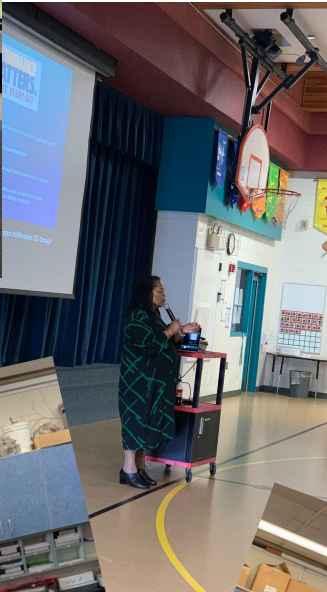
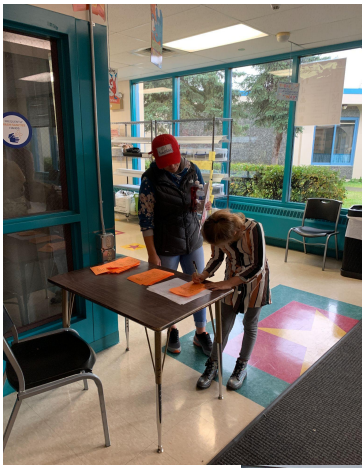
✓ Done	Day	DEAM Activity
	1	How many different ways can you find to balance?
	2	Name as many states as you can while doing jumping jacks.
	3	Take a walk.
	4	Soda has zero protein and zero fiber. Commit to drinking zero cans this month.
	5	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	6	Bag Game: 1 v 1 Tag—play against someone else.
	7	Do as many sit-ups as you can.
	8	How many different ways can you safely roll?
	9	Say your math facts while doing reverse lunges.
	10	Take a walk.
	11	1 can of Mountain Dew has 46g of sugar. Do 46 mountain climbers.
	12	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	13	Everyone Tag... play with a group; everyone is "it." Frozen = 10 jumping jacks
	14	Do as many trunk lifts as you can.
	15	How many ways can you transfer your weight over an imaginary line?
	16	Do push-up shoulder taps while reciting your spelling words.
	17	Take a walk.
	18	1 can of Dr. Pepper has 55 mg of sodium. Hop on each foot 55 times.
	19	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	20	Plastic Bag Game: Bag Juggle... toss and catch 2, 3, or 4 bags.
	21	Do as many squats as you can.
	22	How many ways can you bend, twist, and turn your body?
	23	Perform squat jumps while naming the continents.
	24	Take a walk.
	25	1 can of Pepsi has 150 calories. Run in place as you count to 150
	26	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	27	Bag Game: Ball Bag... Make a bag into a ball. Make a circle and toss 1 bag around to everyone. Next, add more bags.
	28	Do as many push-ups as you can.
	29	Practice jumping and landing safely.
	30	Read a book while doing a wall sit.
	31	Take a walk.

Please Remember

- ✓ Always get adult permission before doing any activity.
- ✓ Return calendar to PE teacher at the end of the month.
- ✓ Use any plastic grocery bag for Saturday "Bag Games."



OPEN HOUSE



We are so excited to see all the families at Parent Teacher Conference time.

It's gives both parties a chance to communicate and make goals for each child.

Each year we strive for 100% and this year isn't any different.

Choose the way your want to hold your conference and confirm with the teacher.

In person

Telephone

or Zoom

There is no excuse that we can not achieve 100% this year! Please help us.

Helpful Hints for Conference Time

Conferences are a wonderful opportunity for families and teachers to team up. As a parent/guardian, you know your child better than anyone. Teachers appreciate your input and questions. Here are some useful bits of information and helpful hints to ensure that you have a stewarding conference.

MAP and Fastbridge

Data from either source will likely be shared with you. Here's what you should know.

These assessments are a quick snapshot of how your child is performing in both reading and math. It is given a few times a year and helps your child's teacher know if they need to look more in-depth at your child's learning. Both reading and math assessments measure accuracy and fluency. It works much like a yearly wellness check at the doctor's office. If your temperature, blood pressure, height and weight check out fine, it's a good indicator that you're probably healthy. But if one or more of those things do not check out well, it's time to do more tests or take a closer look at things.

Home-School Compact

This form emphasises that a child's success in school takes a team effort from the school, families and the student. It outlines the ways all three of us can work together to make sure your child has a successful year. After the teacher goes over these expectation and goals, you will be asked to sign the compact saying you agree.

Please share

If there is something influencing your child's life outside of school and it might impact their learning good or bad, please contact the teacher by phone or email. It will help having the extra bit of knowledge so they can best help your child be successful.

This year we do have a full time counselor on site, Ms. Addy and she is very committed to helping our community.

Ask Questions!

Before conferences ask your child the following serious questions, their answers may spark questions or ideas to then ask their teacher.

What do you like about school? Are you having any trouble with anything at school? If you could change anything what would it be? Is there anything you would like me to ask your teacher?

Here are a few you ask the teacher(s)

How is my child doing socially? What do you see as my child's strengths and weaknesses? What can I do to support my child's learning at home? What is the best way to keep in touch? What are the important concepts my child needs to learn to move to the next grade?

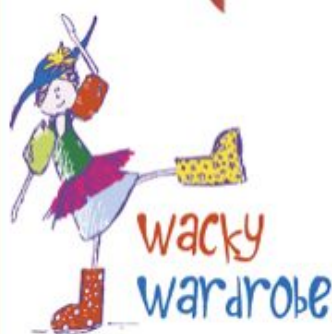
****Conferences are 20 minutes long, questions and comments are encouraged and appreciated, but please keep them focused on topic to ensure both you and the teacher have a outstanding conference together. Join us on October 26-28th!****



Monday Oct 17
Wear RED day!



Tuesday Oct 18
Crazy Hair &
Socks day!



Wednesday Oct 19
MISMATCHED day!



Thursday Oct 20
WP-School spirit wear
BLUE & YELLOW day!

